



HEART
to
HEART
women's ministry newsletter

MAY - JUNE 2019



MAY

Spring is officially here, beginning with a Poppy Super-Bloom! May is full of flowers and colors and butterflies! It symbolizes new life, new beginnings, and a new season of change. It's downright beautiful. May

“WHAT BETTER TIME TO DO SOME SPIRITUAL SPRING CLEANING; FLIPPING OVER CUSHIONS, REMOVING COBWEBS, AND THROWING AWAY THINGS THAT ARE CLUTTERING OUR LIVES AND BLURRING OUR SPIRITUAL VISION.”

learned there is something called a “Spring” cactus which is really pretty. I have never really been a “cactus” person but I think I’m becoming one. I’m learning to appreciate the beauty in them, especially in the ones that flower. They typically flower between March and May, or so I read, and have a broad range of colors, such as yellow, pink, red, and white. The majority come from Denmark and the Netherlands. Spring sure can bring out the beauty of things, even cactus!

Spring is a good time to declutter our lives as well. What better time to do some spiritual spring cleaning; flipping over cushions, removing cobwebs, and throwing away things that are cluttering our lives and blurring our spiritual vision. We can easily get distracted and fill our lives with extra activities, things, and projects, and we neglect to focus on what matters most, which is our relationship with the Lord. Sometimes even our ministry

distracts us because we forget why we are doing it and Who we are doing it for. We always want to be moving forward in our faith; learning more, growing stronger, and trusting more. We need to regularly declutter, reprioritize, and refocus. When we move forward and walk in the Spirit, our lives can burst forth with fruit! When we let go of our past hurts and move forward in forgiveness and love, our spirits can bloom. When we move forward past our disappointments and frustrations, a new flower springs up. When we choose contentment over restlessness, a new fragrant garden is born. When we feel like we’re walking in a desert and are being beat down by the heat, a Spring Cactus can remind us of new life! Yes, May can be a beautiful time for change, to begin again, and to clean out and make room for new things.

So ... ladies. What’s in your closet? Is there a sin you’ve swept under the carpet? Are there spiritual disciplines you’ve been neglecting? Have cobwebs been growing on your Bible? Have your knees become soft from prayerlessness? It’s time to Spring Forward in your faith! Let’s be intentional and purposeful in getting our hearts and lives back on track. Let’s make room for God to do some new things, rebuild old habits, and refresh our spirits! Join us for our next REAL TUESDAY as we discuss this topic and be reminded what’s ALWAYS the most important thing...our relationship with Jesus! See you on May 14th.

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away, behold, all things have become new.”

2 Corinthians 5:17





FRESH SOUTHERN PEACH COBBLER

From
allrecipes.com

by *aeposey*

Ingredients:

- 8 fresh peaches - peeled, pitted and sliced into thin wedges
- 1/4 cup white sugar
- 1/4 cup brown sugar
- 1/4 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg
- 1 teaspoon fresh lemon juice
- 2 teaspoons cornstarch
- 1 cup all-purpose flour
- 1/4 cup white sugar
- 1/4 cup brown sugar
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 6 tablespoons unsalted butter, chilled and cut into small pieces
- 1/4 cup boiling water

MIX TOGETHER:

- 3 tablespoons white sugar
- 1 teaspoon ground cinnamon

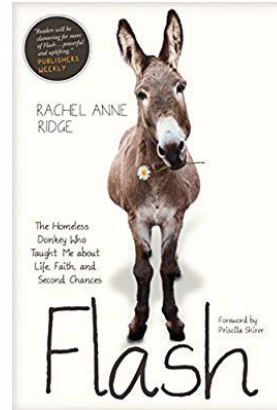
Directions:

- 1) Preheat oven to 425 degrees F (220 degrees C).
- 2) In a large bowl, combine peaches, 1/4 cup white sugar, 1/4 cup brown sugar, 1/4 teaspoon cinnamon, nutmeg, lemon juice, and cornstarch. Toss to coat evenly, and pour into a 2 quart baking dish. Bake in preheated oven for 10 minutes.
- 3) Meanwhile, in a large bowl, combine flour, 1/4 cup white sugar, 1/4 cup brown sugar, baking powder, and salt. Blend in butter with your fingertips, or a pastry blender, until mixture resembles coarse meal. Stir in water until just combined.
- 4) Remove peaches from oven, and drop spoonfuls of topping over them. Sprinkle entire cobbler with the sugar and cinnamon mixture. Bake until topping is golden, about 30 minutes.

Book Review

From

Barb Costley



FLASH, by Rachel Anne Ridge, is a delightful book about a quirky and non-conventional character with gigantic upright ears, a piercing bray, and a personality as big as the state of Texas, which is where this true story takes place. I first have to state that I have a bias, that being a love for donkeys. That's why this book and this adorable donkey named Flash has touched my heart.

A homeless donkey named Flash wanders onto Rachel's property and little did she know that this stubborn little guy could teach her so much about faith, life, and second chances. These little snippets and stories teach us spiritual lessons, delight us with humor, and help us to lean in closer to God's heart. In these stories about a lost, broken, and stubborn animal, Rachel explains how Flash helped revive her awareness about the importance of listening to God's voice. Her story gives hope to all of us because I'm sure we have all felt incompetent, incapable, under qualified, or invisible at some point in our lives.

This book will have you laughing at Flash's capers and escapades, and then the next moment tears will be welling up in your eyes as you identify with the lessons this donkey has taught Rachel and her family about the way God sees and loves each of us unconditionally. It's amazing that God chose a charming but strong-willed, abandoned donkey with gigantic ears and a ginormous heart to teach lessons about faithfulness, passion, purpose, and yes, second chances.

Calvary Murrieta Women's Ministry



REAL

TUESDAYS

Relationships
Encouragement
Accountability
Laughter

"Springing
Forward"
(Job 17:9)

Calling ladies of all ages! Join us on **May 14th** from **7:00 pm - 8:30 pm** as we discuss what it means to "Spring Forward" in our faith. Maybe God has something "new" in store for you, or perhaps it's time to let something go in order to move forward. "Spring is a lovely reminder of how beautiful change can truly be." It's going to be a fun night of fellowship, spring "treats," and an inspiring and challenging message. (Maybe there will be a few Spring surprises as well!) Looking forward to a great night of creating **RELATIONSHIPS**, receiving **ENCOURAGEMENT**, being held **ACCOUNTABLE** to what's right, and lots of **LAUGHING** out loud! See you then!

For more information, contact Kelly at
kbell@calvarymurrieta.com.

[#realtuesdays](https://www.instagram.com/realtuesdays)





CALVARY MURRIETA

Missionaries

THE RAMSEY FAMILY RUSSIA



MIKE & LORIE

SERVING IN:

Asia

SERVING WITH:
Shepherds Staff

• the Ramsey Adventures •

“English Corner”

I'll admit, I didn't really want to go to the “English Corner” across town that evening. It had been a hot and sweaty day in Hanoi. What I really wanted was a shower and some air-conditioned-peace-and-quiet. Plus, I wasn't thrilled about riding on the back of a motorbike at night holding onto Mike with one hand and navigating with my phone in the other! Nevertheless, I went and if I hadn't, I would've missed out on a blessing and valuable lesson. Let me explain...

An English Corner is a meeting where locals gather trying to practice their English with native English speakers. It's an opportunity for us to be “salt and light”, build relationships, and hopefully introduce others to Christ. The evening started with games and coffee. Next, we were split up into groups for discussion. This is the part I dislike. I never know what to say. I feel like they're staring at me and waiting for something profound, but I've got nothing.

Our discussion topic was, “What We Like to Create.” To my right, a girl told us how she likes to make homemade gifts. Then, I said I had made some quilts. The blank stares told me no one knew what a quilt was. Fumbling to explain, I noticed the Korean businessman in our group, Sam Son (yep, that's really his name) looking at his phone and scrolling. “Great” I thought, “He's bored out of his mind - probably looking at Instagram. He's not even listening. Why am I here again?” When I finally stopped talking, Sam quietly said, “I like to make jewelry. I give it to people to encourage them.” Okay, I didn't see that coming! He turned his phone around to show us the pictures of his delicate creations. Then, he pulled a small pink box from his briefcase. Removing the lid, he revealed a tiny acorn he had found in the forest and transformed into a beautiful necklace. As he passed it around the group, I tried to say something meaningful about God's creation and how special the acorn is because although it's a tiny seed, it becomes a mighty oak tree...blah, blah, blah... (Profound right?) Ding! Discussion time was over. Sam Son picked up his little box, put the lid back on, and presented it to me. “My gift to you” he said. I was speechless and somewhat embarrassed at how I had misjudged this gentle man.

He left that evening before we could say goodbye, but told us later in an email, “The piece of necklace was the last one I had in Hanoi, and I hadn't been able to find the rightful owner until tonite. May the Lord be praised!”

Pondering it later, I realized that I had received more than I had given that night. And, you know what? Sam Son was right. His little acorn gift did encourage me. It reminds me how little things can grow into big things. It's true, little compromises in our life can grow into major problems (“A little leaven (sin) leavens the whole lump” Galatians 5:9) But conversely, Jesus said in Matthew 17:20 that if we have a little faith [the size of a mustard seed], we can move mountains! So be encouraged today and remember, little seeds of kindness and faith sown into a person's life can someday produce a great harvest. Never give up.

For updated prayer requests and pictures visit: www.bamboopandas.wordpress.com



Mark your calendars and join us for these fun summertime events!

REAL TUESDAY

May 14 | "Springing Forward" | 7 pm | Sanctuary

LADIES HIKE

June 15 | 7 am | Santa Rosa Plateau

REAL TUESDAY

July 23 | "Scoops of Blessings" | 7 pm | Sanctuary

LADIES WORSHIP NIGHT WITH MARY IVES

August 13 | 7 pm | Sanctuary

For more information contact Kelly at kbell@calvarymurrieta.com

CALVARY MURRIETA WOMEN'S MINISTRY

WOMEN'S HIKE

SATURDAY, JUNE 15

MEET AT THE SANTA ROSA PLATEAU AT 7:00 AM

PLEASE BRING:

HIKING SHOES, WATER, SUN SCREEN, BUG REPELLANT, SNACK (PROTEIN BAR, ETC.)

HIKE IS APPROX. 3-5 MILES

COST: \$4.00 ENTRANCE FEE

PARK AT THE VISITOR CENTER, 39400 LINTON KEITH RD.

MARK YOUR CALENDARS

REAL Tuesdays - May 14th and July 23rd, 7:00 pm
Ladies Hike - June 15th, 7:00 am, Santa Rose Plateau
Ladies Night of Worship with Mary Ives - August 13th, 7:00 pm
Tresinos Women of Encouragement - June 1st, 8:30 am
Church Baptism - May 19th
Children at Risk Meeting - May 19th, 3-5 pm
Married Couples Fellowship - May 3rd and June 7th
VBS - July 15th - 19th
Israel Meeting - June 2nd, 1:30 pm

BIBLE STUDIES *and* GATHERINGS

M.O.M.'S (MOMS ON A MISSION)
On Summer Break.
Call Jessica Cernetic at 619-871-5377.

"REASONS TO REJOICE" WOMEN'S BIBLE STUDY
On Summer Break.
Call Cindy Chapman at 677-5667.

LADIES CHRISTIAN BOOK CLUB
2nd Wednesday at 11:30 a.m. Call Debre': 764-0408
3rd Thursday at 6:30 p.m. Call Susan: 290-9753

WIDOWS MIGHT MINISTRY
1st and 3rd Tuesday of every month at 3:00 p.m.-6:00 p.m.
Call Gail at 310-702-0972.

REAL TUESDAYS
May 14th, 2019.
Call Kelly at 951-677-5667.

SUNDAY NIGHT OF PRAYER
1st Sunday of every month at 6:30 p.m.
In the Agape Room.

Check Out

<https://www.facebook.com/freeandfunforkids/>

A FB page that helps moms be aware of various activities, resources, and FREE events for kids of all ages!

MINISTRY OPPORTUNITIES



The Sound and Powerpoint Ministry is in need of ladies to assist with services.
Please contact Richard at 813-6026.

Interested in being part of the Welcome Team on Sunday mornings or Wednesday evenings?
Call Donna Hansen at 551-6594.

Nursery helpers needed for all services and Wednesday nights on a rotating basis.
Call Tony Schaffner at 677-5667.

Meals Ministry needs volunteers to prepare meals for those in need.
Call Kristyn Suemnick 677-5667.

If you'd like to be a part of the Prayer Chain, please call Kristyn Suemnick at 677-5667.

Article Submissions: If you would like to submit something to the Women's Newsletter; poems, recipes, devotions, ideas, tips, etc., please email submissions to kbell@calvarymurrieta.com



may 2019



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 BIBLE STUDY • 7:00 PM	2 FINAL MOMS MEETING 9:15 AM - 11:15 AM ROOM 133	3 CHURCH OFFICE CLOSED	4 WOMEN OF ENCOURAGEMENT AT TRESINOS
5 CHURCH 7:30 AM, 9:30 AM & 11:30 AM CHURCH PRAYER MEETING 6:30 PM AGAPE ROOM	6	7 WIDOWS MIGHT 3:00 PM-6:00 PM CALL 310-702-0972	8 LADIES BOOK CLUB 11:30 AM • 764-0408 BIBLE STUDY • 7:00 PM	9	10 CHURCH OFFICE CLOSED	11
12 CHURCH 7:30 AM, 9:30 AM & 11:30 AM <i>Mother's Day</i>	13	14 REAL TUESDAYS 7:00 PM SPRINGING FORWARD	15 BIBLE STUDY • 7:00 PM	16 BOOK WORMS 6:30 PM • 290-9753	17 CHURCH OFFICE CLOSED	18
19 CHURCH 7:30 AM, 9:30 AM & 11:30 AM CHURCH BAPTISM 3:00 PM / CCBC CHILDREN AT RISK 3:00 PM-5:00 PM AGAPE ROOM	20	21 WIDOWS MIGHT 3:00 PM-6:00 CALL 310-702-0972	22 BIBLE STUDY • 7:00 PM	23	24 CHURCH OFFICE CLOSED	25
26 CHURCH 7:30 AM, 9:30 AM & 11:30 AM	27 MEMORIAL DAY OBSERVED CHURCH OFFICE CLOSED	28	29 BIBLE STUDY • 7:00 PM	30	31 CHURCH OFFICE CLOSED	